# **Sapporo Medical Communication Hotline**

#### How to use this service

- Click here for the application form
- \*You can directly call 011-211-2121 without using the application form as well.
- \*If you use the application form, you don't have to explain your situation on the phone.
- \*Please read the following explanation thoroughly before using this service.



# Have you ever experienced these concerns?

- •You don't know if you'd be able to make a doctor's appointment in Japanese.
- You are not sure if you will be able to make yourself understood in the hospital or understand what the staff are saying.
- → To help you manage these concerns, the City of Sapporo has established the Medical Communication Hotline.
- \*Please only use this service once you have decided which hospital you would like to go to. To find a suitable hospital, use one of the following methods:
- · Look for medical institutions online

You can look hospitals up on the Hokkaido Emergency Medical Information System.

• Have a phone consultation

Call the Sapporo Emergency Relief Center on #7119 or 011-272-7199.

#### What services do we provide?

- •A telephone operator will interpret on your behalf when making appointments or inquiries with hospitals within the City of Sapporo.
- Phone interpretation can be provided when talking to doctors or other medical staff at the hospital.
- English-speaking volunteer interpreters can accompany you to the hospital.
- These services are free of charge (standard phone rates apply).
  - \*This service is available only for hospitals in Sapporo. You may use this service to pick up prescribed medicine but not for other shopping at pharmacies.
  - \*This service is to support people receiving medical care only. It can't be used for other purposes such as beauty care and health check-ups.
  - \*Your personal information is strictly protected and used only for this service.

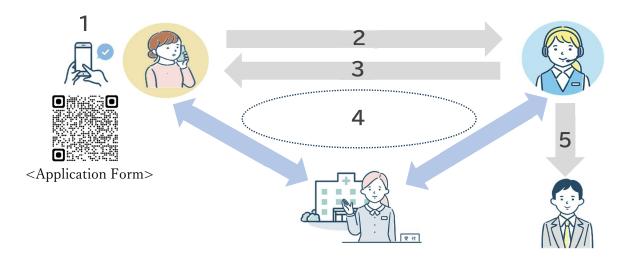
## What languages are available?

• For making appointments, hospital inquiries, or for phone interpretation services while you are at a hospital:

- 32 languages offered
- \*Contact us for details. Interpreters for some languages may not be immediately available.
- •On-site interpretation by a volunteer interpreter is available for the following languages: English

### How to use the Hotline

# <When making an appointment or inquiry with a hospital>



- 1. Open the "Application Form". The form is available in Japanese, easy Japanese, English, and Chinese. Choose one out of the following two choices and input the required information.
- For those who would like to make an appointment or inquiry.
- For those who need an interpreter at the hospital.
- 2. After filling in the form, call 011-211-2121. You will be connected with a telephone operator.
- \*From the second time onward, you can call the number above without filling in the application form.
- \*Telephone operators are available 24 hours a day, 7 days a week.
- 3. The operator will ask about your health concerns and which hospital you want to go to.
- 4. The operator will call the hospital while you remain on the phone. Your appointment date and other details will be discussed in this three-way call.
  - \*Appointments and inquiries with a hospital can be made on weekdays from 9 A.M. to 5 P.M.
- 5. Please inform the operator if you would like an accompanying interpreter. They will contact you once a volunteer interpreter has been secured.
  - \*To apply for this service, you must be one of the following:
  - 1) a resident of Sapporo (excluding short-term visitors)
  - 2) a foreign student living in Sapporo or a family member who wants to go to a hospital in Sapporo
  - \*You must apply for this service several days before going to the hospital. Accompanying interpreters may not be available depending on the day.
  - \*Japanese-English interpretation is provided by volunteers from NPO SEMI Sapporo.
  - \*Volunteer interpreters are trained to interpret in medical settings; however, they shall not be liable for any interpretation inaccuracies.

## a) Phone interpretation



- 1. If you require an interpreter at a hospital, you or the hospital can call **011-211-2121**. Application through the form is not required.
- 2. When the operator answers, tell them the name of the hospital you are visiting, the language you speak, and your current situation.
- 3. This will be the start of the phone interpretation. Hand over the telephone or put it on speakerphone as instructed by the operator.

\*Phone interpretation is available 24 hours a day, 7 days a week. Feel free to call whenever you need assistance at the hospital.

# b) On-site interpretation by a volunteer interpreter



- 1. Before going to the hospital, the volunteer interpreter will contact you to confirm where to meet and other details.
- 2. Go to the discussed location at the appointed time.
- 3. The volunteer interpreter will accompany you and interpret your conversations with the doctor and other medical staff.