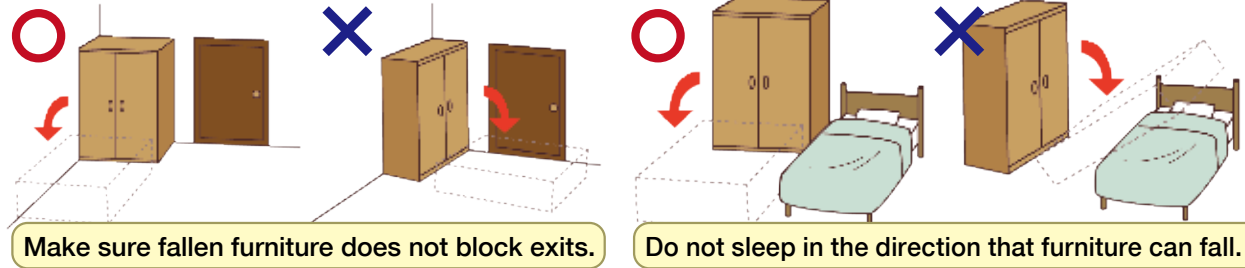


Preparing for an Earthquake

In order to protect those you love and yourself from an earthquake that could strike at any time, it is important to begin making preparations immediately.

Securing Furniture and Safety



Use extension poles to secure furniture. Stow heavy items on the bottom to keep the center of gravity low to the floor.

Place plates under casters. Anchor televisions with rubber mats. (strapping the TV to the wall is also helpful.)

Use L shaped studs to anchor furniture. Use shatter-proof film on glass of cupboards. Use latches to keep doors from opening, and non-slip cloth underneath dishes to keep them from sliding out.

Use wires to keep hanging lights secure. Make sure refrigerators will not topple over, and microwaves cannot move around. All major appliances need to be securely anchored down.

[Checklist for Safety Around the House]

- Kerosene tank is anchored.
- Propane gas tanks are anchored and piping is secure.
- Block fences are not wobbly.
- Fire extinguishers are ready, not expired and you know how to use them.
- Nothing flammable is left near stoves and ovens.

Making Sure Your House is Earthquake Resistant

Many of the homes that collapsed during the Hanshin-Awaji Earthquake Disaster, were built before May of 1981, in accordance with the former earthquake resistance standards. It is wise to first check when your house was built.

○Earthquake Resistance Evaluation and Earthquake Resistance Renovation Subsidy Programs

The city of Sapporo executes a program to assist in a portion of the cost needed to evaluate and renovate wooden homes that were built prior to May of 1981. Be sure to have the evaluation and make sure your home is safe and secure.

[Inquiries] Building Inspection Section of the Urban Renewal and Development Bureau. TEL. 211-2867

Preparing for Storms and Floods



Determine the exact route to the evacuation shelter.



If drains and ditches become clogged with leaves or dirt, rainwater will cause flooding.



When snow is regularly dumped into the rivers and streams, flooding may occur when spring comes and the snow melts.



[Safety Checklist for Around the House]

- Windows and screens are not wobbly.
- Television antennas are securely fastened.
- The roof is not peeled back or damaged.
- There is nothing that can be blown away when a typhoon is nearing.
- Electric lines are not sagging.

Make emergency cards like these ahead of time and keep them on your person.

Emergency Card

Furigana (pronunciation of your name)
Name: _____

Address: _____

Telephone Number: _____ Blood Type: _____

Gender: _____ Birth date: _____

Name of Work Place (school): _____

Phone Number of Work Place (school): _____

Name of Parent or Guardian: _____

Emergency Card

Furigana (pronunciation of your name)
Name: _____

Address: _____

Telephone Number: _____ Blood Type: _____

Gender: _____ Birth date: _____

Name of Work Place (school): _____

Phone Number of Work Place (school): _____

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Telephone Number: _____ Blood Type: _____

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Phone Number of Work Place (school): _____

Name of Parent or Guardian: _____

Family Disaster Awareness Meetings

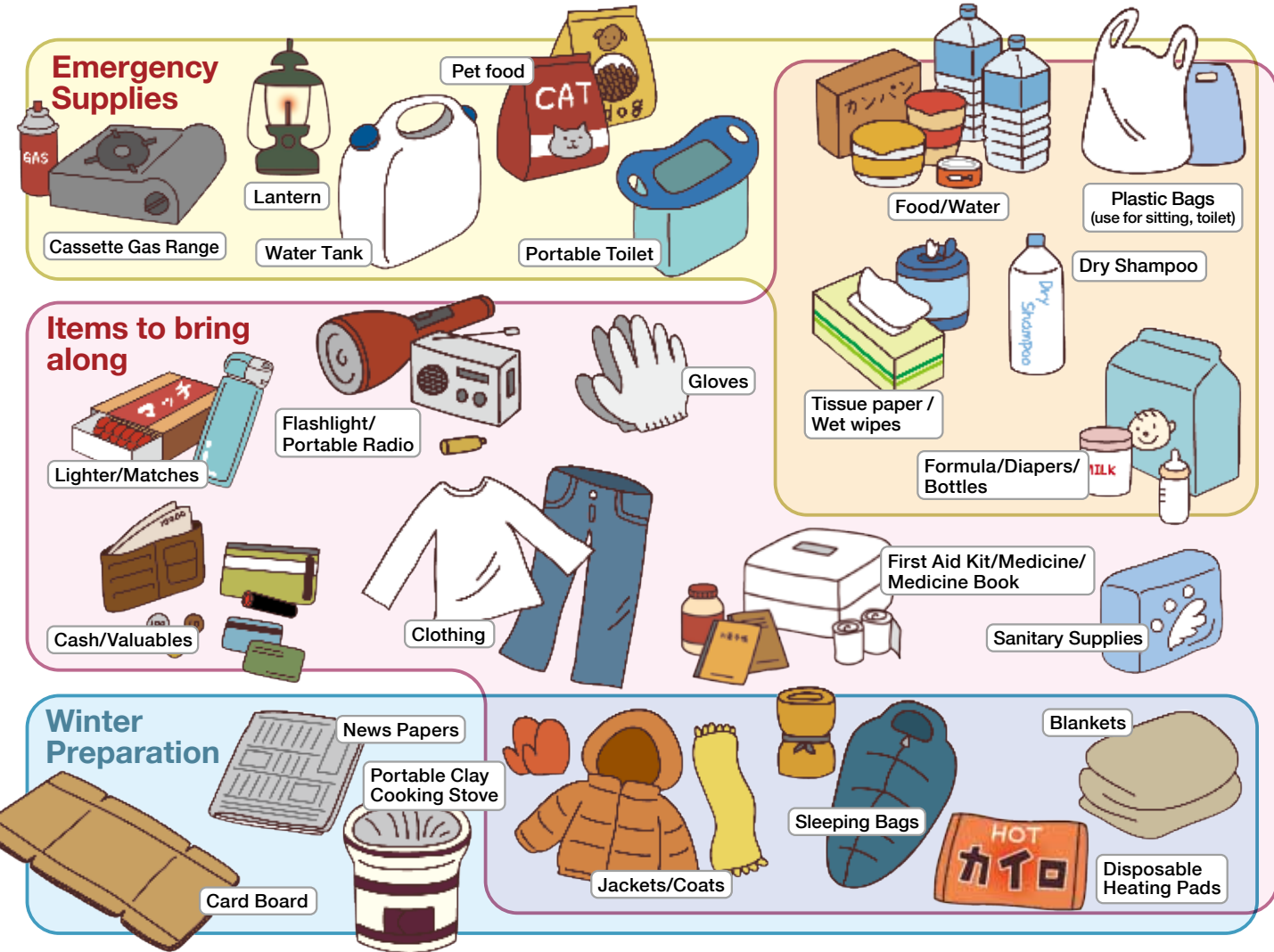
Disasters can strike anytime, whether you are all together as a family or during the day when everyone is at work or school. It is important to regularly discuss contacts, evacuation shelters, meeting places and what to take when disaster strikes.



- What must be done in the event of an emergency.
- Contact method and meeting place with family.
- Evacuation shelter and route.
- Emergency supplies and items to bring along.
- What we can do to help in our community.

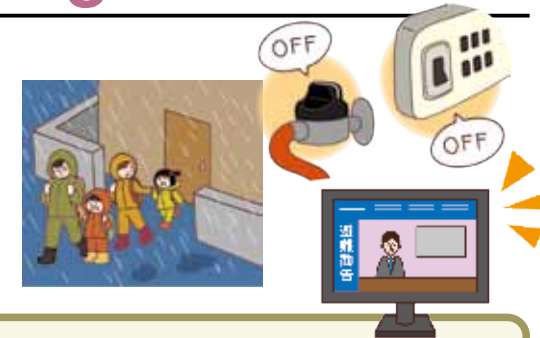
Emergency supplies and items to bring along.

Be sure to have enough food and water (3 liters per person per day) to last at least 3 days. The following list is just an example. Prepare what your own family will need.



Points to Remember During Evacuation

- Evacuation shelters are basically nearby elementary and junior high schools. Shrines and temples, community centers also serve as shelters. Be sure to confirm these beforehand.
- In the event that an evacuation order or advisory is in effect, promptly evacuate the premises.
- Be sure to check on neighbors and evacuate in groups.
- Do not use your car; walk.
- Be sure to turn off the gas valve and electric breakers when you leave.



Languages I speak: _____ Nationality: _____

Embassy/Consulate phone number: _____

Emergency contact within Japan: _____

Emergency contact overseas: _____

ID number (passport or other identification): _____

Medical History: _____

Evacuation Shelter: _____

Languages I speak: _____ Nationality: _____

Embassy/Consulate phone number: _____

Emergency contact within Japan: _____

Emergency contact overseas: _____

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Emergency contact within Japan: _____

Emergency contact overseas: _____

ID number (passport or other identification): _____

Medical History: _____

Evacuation Shelter: _____

Emergency Contacts During a Disaster

- Chuo Ward Office 231-2400
- Kita Ward Office 757-2400
- Higashi Ward Office 741-2400
- Shiroishi Ward Office 861-2400
- Atsubetsu Ward Office 895-2400
- Toyohira Ward Office 822-2400
- Kiyota Ward Office 889-2400
- Minami Ward Office 582-2400
- Nishi Ward Office 641-2400
- Teine Ward Office 681-2400

Fire, Emergency and Rescue 119

Blackout or Malfunction

Hokkaido Electric Power Co., Inc. 221-3161

Gas Leaks

Hokkaido Gas Co., Ltd. 233-5533

Emergency contact for waterworks during night and holidays

Waterworks Management Center 211-7770

Municipal Information Window for English Services

Sapporo International Communication Plaza Foundation (Multilingual Disaster Support Center)

211-2105